

Tapas & snacks



Roast chicken croquettes (4u)	5,9
Iberian ham croquettes (4u)	6,9
Patatas bravas	4,6
Barcelona Bravas	5,5
Potatoes au gratin with 4-cheese fondue	6,9
Home-cooked french fries	3,9
Kentucky crunchy chicken wings	6,5
Chicken fingers	5,9
Mozzarella fingers	5,9
Fresh Russian salad	5,9
Homemade meatballs	6,9
Vegetable omelette and bread with tomato	5,95
Spanish potato omelette with onion and bread with tomato	5,95
“Pincho” Navarran chistorra sausage	5,9
L’Escala anchovies with bread with tomato	11
Anchovies pickled in vinegar	9
Fried eggs “estrellados” with fried potatoes and chistorra	7,5
Fried eggs “estrellados” with fried potatoes and “Perol” sausage	8,9
Fried eggs “estrellados” with fried potatoes and Iberian ham	9,85
Fried eggs “estrellados” with fried potatoes	5,4
Fried eggs “estrellados” with artichoke chips and Iberian ham	14,9
Padrón peppers	5,9
Artichoke chips	7,9
Norwegian salmon bread bao (1u) smoked salmon, lettuce, tomato, avocado and Nordic sauce	4,9
Asian teriyaki bread bao (1u) confit duck, teriyaki sauce and cucumber	4,9
Mexican pulled pork bread bao (1u) pulled pork, lettuce, pico de gallo salsa and coriander	4,9
Chicken chipotle bread bao (1u) Mexican chicken, lettuce, tomato, onion, roast pepper and chipotle sauce	4,9

“tapas” from sea

Croak’s Andalusian-style squid	8,9
Fried squid rings in batter	11,2
Grilled cuttlefish	8,9
Baby squid in batter	8,9
Salmon tartare togarashi	14,9
Tuna tartare asian blue	14,9
Red tuna tataki with salmon caviar	15,9
Fried whitebait	8,9

Iberian ham and bread with tomato	15,9
Manchego Reserve cheese and bread with tomato	9,9
½ Manchego Reserve cheese and ½ Iberian ham and bread with tomato	13,9
Varieté of cheeses and bread with tomato	10,9
Olives stuffed with anchovies	3,7

Wraps & burritos

• Chicken wrap (chicken, lettuce, tomato, basil, cheese and spicy sauce) *with chips	8,9
• Crunchy chicken wrap (crunchy chicken, lettuce, tomato and cheddar sauce) *with chips	8,9
• Chicken teriyaki wrap (chicken sautéed with green pepper, red pepper, onion and tomato with teriyaki sauce)	8,9
• Salmon wrap (smoked salmon, lettuce, cheese, capers and Nordic sauce) *with edamame salad	13,2
• Mexican Chipotle burrito (Mexican chicken, lettuce, tomato, onion, roast pepper and chipotle sauce) *with nachos and guacamole	9,9
• Carnita de Mamita burrito (cochinita pibil, lettuce, tomato, guacamole, cheese and coriander) *with nachos and guacamole	11,9
• Urii Korea burrito (duck confit, cabbage sautéed with kimchi, lettuce, cheese and carrot) *with basmati rice	16

veggie

• Heura vegan chicken and kimchi wrap (heura vegan chicken, lettuce, tomato, carrot, basil leaves and kimchi sauce) *with edamame salad	13,8
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Mini PIZZAS

• Cotto funghi Portobello (tomato, fior di latte mozzarella, cooked ham and portobello)	8,5
• 5 cheeses (milk cream, goat cheese, provolone, roqueforta, emmental and parmesan)	11,9
• Tonno (tomato, mozzarella, onion and tuna)	9
• Very Iberian (tomato, fior di latte mozzarella, Iberian ham and fried eggs)	10,9
• Campesina (tomato, fior di latte mozzarella, red and green pepper, Figueres onion, portobello and crunchy aubergine)	8,5
• Pepperoni (tomato, fior di latte mozzarella, spicy chorizo and oregano)	8,5

» kitchen open all day

terrace supplement 0,1

V.A.T included

Sand-wiches

• Crunchy chicken sandwich (crunchy chicken, salad, egg, California seed bread and mayonnaise) *with chips	8,9
• Croak’s Rock sandwich (pork loin, bacon, Roquefort, egg, roast pepper, lettuce, California seed bread and mayonnaise) *with chips	9
• Biquini sandwich (cooked ham and cheese)	3,9
• Briequini sandwich (cooked ham and brie)	4,8
• Club sandwich (grilled chicken, bacon, lettuce, tomato, omelette, California seed bread and soy mayonnaise) *with chips	8,9
• Nordic salmon sandwich (salmon, tomato, lettuce, avocado, hard-boiled egg, California seed bread and nordic sauce) *with edamame salad	14,6

veggie

• Heura vegan club sandwich (heura vegan chicken, basil leaves, avocado, lettuce, tomato, fig jam, California seed bread and soy mayonnaise) *with edamame salad	13,8
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50 cm Flutes

• Crunchy chicken, salad and mayonnaise	6,9 - 4,75
veggie Heura vegan chicken (heura vegan chicken, guacamole, lettuce and tomato)	9,9 - 5,6
🍷 Hamburger, bacon, cheese and onion	7,9 - 4,95
🍷 Pork loin, bacon, cheese and onion	7,9 - 4,95
• Von Straïch Frankfurt sausage, bacon, cheese and onion (150 gr)	9,9 -
🍷 Duroc sausage with chimichurri sauce, parmesano and lettuce (150 gr)	9,9 -
• Bacon with cheese and dates	6,9 - 4,75
🍷 French omelette, lettuce and tomato	6,2 - 4,5
• Warm brie with Iberian ham	9,9 - 5,6
• Warm brie with Gran Reserva dry-cured ham	6,5 - 4,5
• Warm brie with Majorcan sobrasada sausage	9,9 - 5,6
• Warm brie with anchovies from L’Escala	9,9 - 5,6
• Warm brie with cooked ham	6,9 - 4,75
🍷 Anchovies, tuna, stuffed olives, hard-boiled egg and roast pepper	9,9 - 5,9
🍷 Iberian ham	7,9 - 4,95
🍷 Bread with tomato and olive oil	

Extras for your flutes:

• Caramelised onion	1,0
• Roast pepper or cheese	1,0
• Brie or bacon	1,5

Plates and grill

• Hamburguer (200 gr locally) with cheese, croquettes, fried egg and chips	11,9
• Grilled octopus with parmentier	12,9
• Fried squid rings in batter, croquettes and chips	14,9
• Grilled cuttlefish with Korean rice and quail egg	9,9
• Chicken fingers, fried eggs and chips	9,9
• Grilled chicken with buffalo burrata, tomato and plain salad	12,9
• Chistorra (spicy fast-cure sausage) from Navarra and grilled pork loin with fried egg and Barcelona bravas	9,9
• Norwegian salmon loin with Korean rice and quail egg	13,8
• Iberian pork secreto (shoulder cut) with chips and Padrón peppers	16,8
• Duroc Catalan sausage with chips and Padrón peppers	9,9
• Aged beef entrecôte with chips and Padrón peppers	16,9

» Extra:

• Bread	1
• Bread with tomato	2
• Bread with alioli	2,5

Salads

• Goat’s cheese (lettuce, caramelised goat’s cheese, fruit and nut vinaigrette: sultanas, hazelnuts and walnuts, cherry tomatoes, tomato, pickled onions and fig jam)	9,9
• Pasta (lettuce, pasta, broccoli, black olives, cherry tomatoes, pickled onions, sun-dried tomatoes, diced cheese, basil leaves, tuna belly, herb oil and cream of balsamic vinegar)	10,9
• Rice (mixture of different types of rice, sweetcorn, shrimp, cherry tomatoes, tomatoes, black olives, cocktail sauce, smoked salmon, apple, diced cheese and basil leaves)	9,9
• Caesar grill style (lettuces, chicken, bacon, croutons, sultanas, hazelnuts, diced chicken and Caesar sauce)	10,9
• Crunchy Caesar (lettuces, crunchy chicken, bacon, croutons, sultanas, hazelnuts, diced cheese and Caesar sauce)	10,9

Salads

new

• Tomatada (chopped tomato, cherry tomatoes, sun-dried tomato, tuna belly, Figueres onion and basil leaves)	8,9
• Breaded brie (lettuce, tomato jam and cherry tomatoes)	8,6
• Buffalo burrata, Mediterranean style (lettuce, black olives, pesto, capers and sun-dried tomatoes)	11,9
• Buffalo burrata, Nordic style (salmon, toasted corn, dill and sun-dried tomato)	14,9

veggie

• Natural with bean sprouts (lettuces, tender spinach leaves, sun-dried tomatoes, tomatoes and bean sprouts)	7,9
• Vegan chicken and edamame poke bowl (edamame, guacamole, vegan chicken, cherry tomatoes, tomatoes, basil leaves, lemon vinaigrette and grated lemon zest)	12,4
• Quinoa Buddha bowl (quinoa, avocado, tomatoes, orange, sweetcorn, sultanas, mint and orange vinaigrette)	9,9
• Guacamole and Hummus with nachos and crudités	8,9